

Recipe Name: Keto Pad Thai

Serves: _____

From: marafino

Cook Time: _____

Ingredients

1 pkg Shirataki noodles, drained
squeezed dry as possible

Coconut oil - to fry noodles in

pad thai sauce: mix in bowl. (chili pepper paste)

1 1/2 Tbsp Sambal Oelek

1 small onion chopped

1 c. broccoli pre-cooked

1 1/2 Tbsp Reduced sugar ketchup

3 Tbsp fish sauce

3 eggs

1 Tbsp all natural peanut butter

1 Tbsp Rice vinegar

1/2 juice lime

1/2 juice lemon

1 Tbsp Worcestershire sauce

1.5 Tbsp minced garlic

fresh cilantro

Direction

Notes: Add cooked meat of choice.